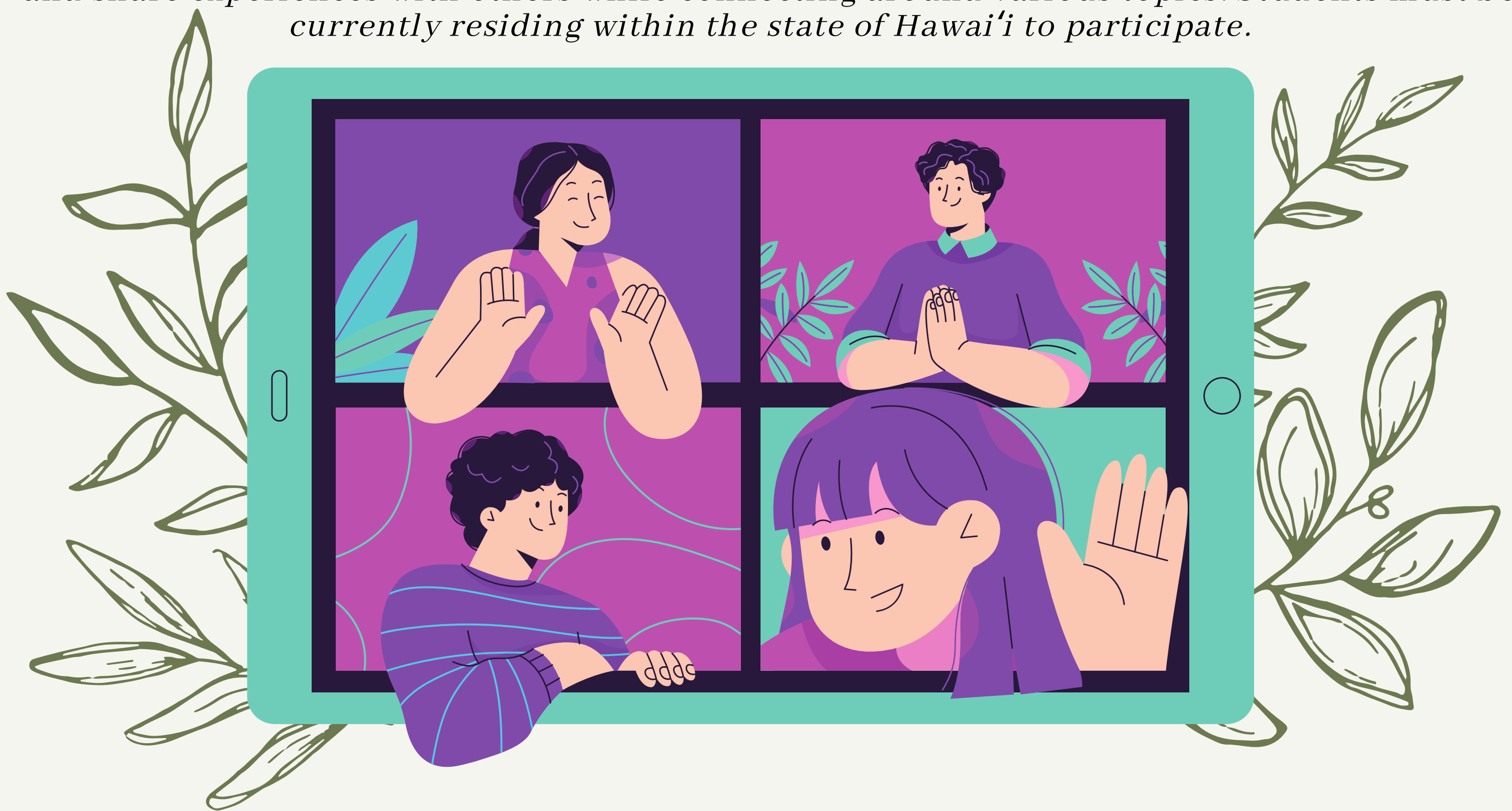


# PROCESSES GROUPS

## THE COUNSELING AND STUDENT DEVELOPMENT CENTER

*Group therapy programs offer students a safe, welcoming, and consistent opportunity to process and share experiences with others while connecting around various topics. Students must be currently residing within the state of Hawai'i to participate.*



### HEALTHY RELATIONSHIPS ~ FRIDAYS 3PM-4:30PM

A CONFIDENTIAL THERAPEUTIC SPACE FOR STUDENTS TO DISCUSS AND PROCESS TOPICS RELATED TO RELATIONSHIPS, INCLUDING WITH FRIENDS, FAMILY MEMBERS, ROMANTIC PARTNERS, AND PEERS.

### GRADUATE/NON-TRADITIONAL STUDENTS ~ WEDNESDAYS 3PM-4:30PM

A SPACE FOR GRADUATE AND NON-TRADITIONAL AGED STUDENTS TO GAIN AND OFFER EMOTIONAL SUPPORT WITH PEERS WHO UNDERSTAND THE CHALLENGES OF GRADUATE AND NON-TRADITIONAL STUDENT LIFE.

### MULTICULTURAL WOMEN ~ TUESDAYS 3PM-4:30PM

A WARM, SUPPORTIVE, AND WELCOMING SPACE FOR WOMEN WITH DIVERSE BACKGROUNDS TO PROCESS SHARED EXPERIENCES AND GAIN EMOTIONAL SUPPORT.



FOR MORE INFORMATION,  
SCAN THE QR CODE OR CALL CSDC AT (808) 956-7927.

